

2020 NSVU Fall League Participants,

Please read the below information thoroughly and carefully. We genuinely appreciate the time you will spend doing so as it will ensure we are all on the same page and a great experience this weekend.

Thank you!

R. T. and Jen
Kokoro Volleyball
Directors

Health Policies and Procedures

We all truly desire to be back in the fall of 2019 when everyone was able to engage in more social, close knit interactions. However, that simply is not where we are right now and without question the more diligent, we all are in maintaining our health the sooner we will all be back in those social environments again.... As athletes, as coaches, and as spectators!

The health policies and procedures of this league are being implemented to ensure as healthy of an environment as reasonably possible. A healthy environment minimizes not only the health risks of individuals and their subsequent exterior contacts, but also the various risks to each team, club, and facility. It is ALL of these factors that are taken into consideration when making the policies, not just what is technically allowed by "individuals" that are not experts in our facilities nor operations.

Please see the attached document (at the bottom of this email) for a list of health procedures/policies at each site. Keep in mind facilities have health requirements based on the requirements of not only the government, but also the building's owner. Each facility also has a COVID-19 Preparedness Plan for their facility.

Of note:

- Masks are required at all sites and athletes are asked to put their mask on when they exit their car to enter the facility.
- Do not arrive any earlier than 20 minutes before your wave begins.
- Participants will undergo a very quick health screening upon entering the facility including a temperature check and health questions. If a participant has a temperature higher than 100.3 degrees, they will not be allowed to enter. If a participant reports unusual difficulty breathing or reports other symptoms of COVID-19 upon screening they will not be allowed to enter. *It is for this reason that parents are requested to stay in the parking lot until competition begins.
- Participants will utilize hand sanitizer upon entrance to all facilities.

- Once in the facility athletes should report directly to their court and utilize their court to put on shoes, kneepads etc. Once prepared, athletes should place their bag against a wall adjacent to their court in a socially distant manner with the rest of their team. Athletes should arrive with full water bottle as not all facilities will have operational drinking fountains. Water bottles should be placed near their team bench area in a socially distant manner.
- Masks are required during all activities in the facility except when an athlete is one of the 12 athletes on the court competing and during their team's designated 4min warm up time prior to the start of the match. Shagging balls and other warm up activities should be implemented with a mask on. Coaches, event staff and facility staff are required to wear a mask at all times.
- Masks are recommended for the 12 athletes on the court competing and during their team's designated 4 min warm up time prior to the start of their match.
- Athletes should utilize the restroom prior to attendance. Restrooms will be open at all facilities, however some might have restrictions on how many individuals can be in them at any time.
- All participants are asked to practice social distancing at all times.
- Spectators are not allowed in any of the facilities.

General Rules - AAU/JVA/USAV Rules Apply

You do NOT need to bring any volleyballs to ANY location. They will be provided.

Coaches Officiate - One team's coach (from their bench) is the up ref initiating and concluding each rally with the whistle. The other team's coach operates the flip scoreboard. If there is a disagreement between the coaches on the result of the play, implement a replay.

5th/6th Grade division: If it is dangerous call it. If the ball is literally caught, call it. Other than that, let them play! - Service line is relaxed, and athlete should serve from where they need to to start play... if they are in front of the end-line and they are successful they should be encouraged to move back. 5 successful serves and rotate in this age division. This division is played on a 7' net.

7th-9th Grade division: If it is dangerous call it. If it is ball handling or a net violation and it is gross, call it. Other than that, let them play. - Service line is relaxed and athlete should serve from where they need to to start play... if they are in front of the end-line and they are successful they should be encouraged to move back; however athletes that are capable of serving from behind the line should be held accountable for doing so.

10th-12th Grade division: Kids need to learn how to play on their honor. If it is a ball handling error or net violation, athletes should call it on themselves, if not THEIR coach (not the opposing coach) should call the violation on them. Normal service line rules.

In all divisions there are no jersey requirements so the official act of subbing is unnecessary... however normal subbing rules do apply (you cannot have an all-time middle ;) nor an athlete sub for multiple different positions throughout the match)... if you have a libero, a different color t-shirt would be great! Oh and maximum 2 time outs per set... but coaches may go on the court to help athletes with court positioning etc.

Also, no switching sides between sets or during warm-ups. Once on your side, stay on your side for the duration of warm-ups and match.

Seeding/Format

Teams were seeded/organized based on each club director's input regarding the strength of the team(s) they registered in relation to a communicated standard.

Format for the league will be similar to year's past with the addition of a time limit for each competition due to the needed COVID cleaning requirements between each wave of play. Teams will compete in two matches each competition date; back to back with no need to arrive early or stay late to ref. Again, we are reffing our own. Matches will be 50min long, with a best 2/3 format, but please play for the entire 50min. If the sets are tied, 1-1 and the 3rd set is still in progress when time expires, teams will continue to compete until one team is ahead by 2 points and declared the match winner.

The format of the league is such that in most instances' teams compete as scheduled, then winners play the winners of adjacent courts (1&2, 3&4 etc) and "not so much winners" play the "not so much winners." When a 3-court facility is utilized a similar format will be implemented and is noted on the schedule page. Upon completion of each week, teams will move throughout the league based on their previous results. We will also work to ensure as little same club competition as possible, however in the top end and bottom end of each division same club or team competition might be unavoidable.

For family and coach planning purposes, teams will remain on the same day each weekend for competition, however times and locations can/will change. We will do our best to get the schedule for each weekend out as soon as possible, with the goal being the Monday prior to competition.

BallerTV

We want you to be able to watch your daughter/granddaughter compete, however we do not have the infrastructure to be able to offer a quality product in this area, so we contracted BallerTV to live stream (and store) all our competitions. You might have noticed them in years past at larger events, like AAU Nationals, the AAU Grand Prix in Rockford, and the National Invitation Tournament to name just a few. Due to COVID-19, their "channel" is growing and growing and will include AAU events, JVA events and USAV events this year. Subscribing is like any other streaming service... there is a "monthly" fee and you get to select the package you desire. Based

one the two packages available/linked below, either subscription would include ALL dates of the NSVU fall league... if you sign up for the year you would have access to our fall league, the Big City Luau, the NorthStar Volleyball United Presidents' Day Challenge and a variety of other events including AAU Nationals as well as all the other events they add this club season.

This is a new service for us and though we have a solid understanding of their product, if you have questions about packages or pricing or terms, please contact BallerTV directly.

[BallerTV Package Information](#)
[BallerTV Website](#)

*Our older athletes who desire to compete collegiately will also now be able to inform the programs they are interested in that their matches this fall will be live streamed (and stored).... and many programs already subscribe to BallerTV as it was a VERY cost-effective way to recruit prior to COVID-19 and now is nearly essential.