

November



Greetings from the ETS Family! We are excited to have all former and new Kokoro athletes joining our family for the 2020-2021 Club season! Our November schedule is ready to be booked for sessions starting November 2nd! Our sessions for the season will be running Monday-Thursday 2pm-8pm, Friday 2pm-7pm, and Saturday 8am-12pm on the hour. All sessions **MUST** be booked, and **ABSOLUTELY NO** walk-ins will be allowed. November 2nd-November 15th will include 2 weeks of Testing/Orientation/De-load sessions. Following those 2 weeks, November 16th we will begin our Phase 1 of training. **Reminder**, everyone **MUST** attend at **LEAST** one session between November 2nd-November 15th

Below, be sure to note changes to the schedule for these specific dates and plan accordingly:

November 14th: NO SESSIONS

November 15th: 4pm-8pm

November 25th: 2-6pm

November 26th: OFF

November 27th: OFF

November 28th: 12-3pm

November 29th: 4-8pm

November 30th: Return to normal schedule

I look forward to seeing/meeting you all very soon!! -Coach Faryn