

HERE IS WHAT TO EXPECT THE DAY OF TRYOUTS



We know and understand that in normal times, tryout day is filled with many emotions and much excitement; add a pandemic to the day, and things can feel uncertain.

In an attempt to lend clarity to the process, please review the included flow.

Pre-Arrival

- Make sure you are pre-registered for tryouts at kokorovolleyball.com/tryouts. It is highly encouraged you register before 10pm on Saturday, October 31 to be certain you have had the opportunity to receive all necessary communications.
- Your tryout confirmation email will contain an opportunity for you to review our 2020-2021 Kokoro Volleyball Handbook.
- It will be required for you to complete the 2020-2021 Kokoro Volleyball Handbook Acknowledgement before tryouts.
- Once you arrive to Kokoro Volleyball it is assumed you are committed to playing with us for the 2020-2021 season, regardless of the team on which you are placed. Be certain to have this crucial conversation before your arrival as there will not be an opportunity for discussion, among athlete and parent, during the tryout/evaluation process.

Step 1 - Arriving

- Arrive 30 minutes early to your scheduled tryout; doors will not be open earlier.
- Athlete and ONE parent will be allowed to enter Kokoro Volleyball. Parent will not be staying, just assisting with check-in. Enter through main sliding doors on east side of building.
- Athlete and parent must be wearing a mask.
- Athlete is allowed to bring a backpack in to Kokoro Volleyball.
- Have two separate payments ready in advance. (1) Tryout fee if not already paid - \$30 (2) \$750 down payment. Cash or check accepted.

Step 2 - T-Shirt, Temp and Sanitize

- Pick up your tryout t-shirt; station clearly marked.
- Athlete receive temp check.
- Both athlete and parent sanitize hands.

Step 3 - Check-In

- Approach one of several available check-in tables.
- At check-in we will confirm athlete's registration and tryout payment.
- Tryout t-shirt size and number will be documented.
- Parent will assist in measuring athlete for Mizuno apparel package (chest, waist, hip, inseam) and documented. Tape measure will be available. Ideally this is completed in advance of registration; while at home.
- Tryout evaluation form will be provided if one was not already printed.
- Down payment of \$750 will be collected and documented with athlete's tryout number. This will be given back to athlete in the unlikely event the athlete is not selected to be in the program.

Step 4 - Prepare for Evaluations

- Parent exits Kokoro Volleyball through same doors entered.
- Athlete should proceed to ETS room to prepare for evaluations. Shoes, kneepads and tryout t-shirt on.
- All items should be placed inside backpacks while not in use and backpacks zipped.
- Socially distanced areas will be available to place backpacks.

Step 5 - Evaluations

- All athletes will be placed in random groups and moved through 10, timed stations.
- Stations include: height, approach jump, block jump, broad jump, shuttle run, passing, setting, attacking, serving, defense.
- At each station athletes will be evaluated and given an evaluation number. While athletes move stations, evaluators remain the same to provide inter-rater reliability.
- At the conclusion of all 10+ stations, athletes will play.
- Also at this time, Club Directors and selected staff total evaluation scores and assess athletes in relation to number of teams and their composition in each age division.

Step 6 - Putting Parents Minds at Ease

- We know it feels challenging not having a connection to the process. For this reason, we will have cameras connected to courts via Periscope.
- Although it may not feel particularly interesting to watch, it does give you a frame of reference on how things are going and where we are at in the timing of tryouts.

Step 7 - Kokoro Volleyball "Offers"

- We suspect we will be able to offer most individuals who sign up for tryouts an offer to play with us.
- At the conclusion of the evaluation process, all athletes will be given a sealed envelope with confirmation of acceptance into the program or encouragement to continue to improve and tryout again next year.
- Envelopes will not be opened until all have exited building and back in vehicles with parents. This will allow for privacy and less discomfort between athletes with and without offers.
- Again, in the unlikely event we do not have an offer to participate with us, the \$750 down payment will be placed in envelopes of those not receiving an offer

Step 8 - Athletes Exit

- Athletes will sanitize hands.
- Athletes will be released in groups to go retrieve backpacks and put on sweats/coats.
- Athletes will exit the same doors they entered at beginning of day with their sealed envelope in hand.

Step 9 - Welcome Email

- Keep your eye to your inbox as all athletes participating with us will receive a Welcome Email.
- This will include "how to order" additional fan gear, important details regarding what is next, and more.

Step 10 - Mark Your Calendar

- Subsequent evaluations will take place on the following date.
- ALL AGE DIVISIONS: Sunday, November 8 - Times TBD
- Teams officially announced Wednesday, November 11 online. Confirmation of posting will be emailed.